



'समानो मन्त्रः समितिः समानी'

UNIVERSITY OF NORTH BENGAL

B.A. Honours 3rd Semester Examination, 2023

SEC1-P1-PHILOSOPHY

Time Allotted: 2 Hours

Full Marks: 60

The figures in the margin indicate full marks.

SECTION-I

1. Answer any **four** questions of the following: 3×4 = 12
- (a) What are the basic skills of Counselling? 3
 - (b) What do you mean by “non-possessive warmth” of a Counsellor? 3
 - (c) Is aggressive communication harmful for mental health? 3
 - (d) What do you mean by active listening? 3
 - (e) What is the difference between confidentiality and privacy or secrecy? 3
 - (f) What kind of therapy is introduced by Carl Rogers? 3

SECTION-II

2. Answer any **four** questions of the following: 6×4 = 24
- (a) Discuss the object of Counselling. 6
 - (b) Discuss the qualities of a Counsellor in brief. 6
 - (c) What is the difference between a Psychiatrist and a Counsellor? 6
 - (d) Describe the relation between a Counsellor and a Client. 6
 - (e) What do you mean by mental stance of a Counsellor? 6
 - (f) What is the importance of Empathy in Counselling? 6

SECTION-III

3. Answer any **two** questions of the following: 12×2 = 24
- (a) What do you mean by listening? Why listening is important in Counselling? 4+8
 - (b) Explain with examples the different types of responses made by a Counsellor while attending a Client. 12
 - (c) What is Confidentiality in Counselling? What kind of moral dilemma can be found centering round confidentiality in Counselling? Discuss. 4+8
 - (d) Discuss the basic attitudes / core conditions for counselling following Carl Rogers. 12

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