



'समानो मन्त्रः समितिः समानी'

UNIVERSITY OF NORTH BENGAL
B.A. Honours 3rd Semester [Special] Examination, 2022

SEC1-P1-PHILOSOPHY

Time Allotted: 2 Hours

Full Marks: 60

The figures in the margin indicate full marks.

SECTION-I

1. Answer any **four** of the following: 3×4 = 12
- (a) What do you mean by 'Counselling'? 3
- (b) Who is a Psychiatrist? 3
- (c) What do you mean by active listening? 3
- (d) Why is the term "client" used in Rogerian therapy instead of "patient"? 3
- (e) What is meant by passive communication? 3
- (f) What is meant by 'internal frame of reference'? 3

SECTION-II

2. Answer any **four** of the following: 6×4 = 24
- (a) Write a note on qualities of a counsellor. 6
- (b) What is meant by neutrality in counselling? Discuss briefly. 6
- (c) What is the difference between a psychiatrist and a counsellor? 6
- (d) Discuss the barriers of listening. 6
- (e) Should a counsellor be nondirective in nature? Give reasons for your answer. 2+4
- (f) What is confidentiality in counselling? Why is it important in counselling? 3+3

SECTION-III

Answer any two of the following

12×2 = 24

3. Discuss elaborately the characteristic features of counselling following Nelson and Jones. 12
4. "Listening is important in counselling" — Why? Explain in detail. 12
5. Explain the basic or core conditions for counselling following Carl Rogers. 12
6. What kind of moral dilemma can be found centering round confidentiality in counselling? Discuss. 12

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