



'समानो मन्त्रः समितिः समानी'

**UNIVERSITY OF NORTH BENGAL**

B.A. Honours 5th Semester Examination, 2022

**DSE-P1-PSYCHOLOGY**

Time Allotted: 2 Hours

Full Marks: 40

*The figures in the margin indicate full marks.  
Candidates should answer in their own words and adhere to the word limit as practicable.*

**The question paper contains DSE-1(A) and DSE-1(B).  
The candidates are required to answer any *one* from *two* sections and  
candidates should mention it clearly on the Answer Book.**

**DSE-1(A)**

**POSITIVE PSYCHOLOGY**

**GROUP-A**

**Answer any *five* from the following**

1×5 = 5

- |  |   |
|--|---|
| 1. Define positive psychology.                 | 1 |
| 2. What is the virtue of wisdom and knowledge? | 1 |
| 3. Define the term positive affect.            | 1 |
| 4. Define self-efficacy.                       | 1 |
| 5. Write a short note on optimism.             | 1 |
| 6. What do you understand by the term flow?    | 1 |
| 7. Define resilience.                          | 1 |
| 8. State the importance of mindfulness.        | 1 |

**GROUP-B**

**Answer any *three* from the following**

5×3 = 15

- |  |   |
|--|---|
| 9. Summarize the character strengths and virtue.           | 5 |
| 10. Review the western perspective on positive psychology. | 5 |
| 11. Name and explain any three positive emotions.          | 5 |
| 12. Explain the role of hope and optimism in well-being.   | 5 |
| 13. Discuss the importance of resilience in happiness.     | 5 |

**GROUP-C**

**Answer any *two* from the following**

10×2 = 20

- |   |    |
|---|----|
| 14. Highlight the eastern perspective on positive psychology. | 10 |
|---|----|

- |     |   |     |
|-----|---|-----|
| 15. | Define emotional intelligence. How does it affect happiness and well-being? | 3+7 |
| 16. | Discuss any four positive cognitive states and processes.                   | 10  |
| 17. | Evaluate the application of positive psychology in ageing and health.       | 5+5 |

**OR**

**DSE-1(B)**

**COGNITIVE PSYCHOLOGY**

**GROUP-A**

**Answer any *five* from the following**

1×5 = 5

- |    |  |   |
|----|--|---|
| 1. | Define cognitive psychology.   | 1 |
| 2. | What do you understand by the term attention?  | 1 |
| 3. | Discuss language acquisition.  | 1 |
| 4. | What is sustained attention?   | 1 |
| 5. | Define thinking.   | 1 |
| 6. | Explain decision making.   | 1 |
| 7. | Differentiate between convergent and divergent thinking.                                     | 1 |
| 8. | State the areas of the brain responsible for language comprehension and language production. | 1 |

**GROUP-B**

**Answer any *three* from the following**

5×3 = 15

- |     |  |   |
|-----|--|---|
| 9.  | Review the current status of cognitive psychology.                             | 5 |
| 10. | Explain the different types of attention.                                      | 5 |
| 11. | What do you understand by the terms critical thinking and reflective thinking? | 5 |
| 12. | Explain any one theory of decision making.                                     | 5 |
| 13. | Discuss an approach to reasoning.  | 5 |

**GROUP-C**

**Answer any *two* from the following**

10×2 = 20

- |     |  |     |
|-----|--|-----|
| 14. | Trace the historical background of cognitive psychology. | 10  |
| 15. | Explain any two theories of attention.                   | 5+5 |
| 16. | Discuss the different types of thinking.                 | 10  |
| 17. | Highlight the relation between language and thought.     | 10  |

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