



'সমানো মন্ত্র: সমিতি: সমানী'

UNIVERSITY OF NORTH BENGAL

B.A. General Part-III Examination, 2022

PSYCHOLOGY

PAPER-VII

MENTAL HEALTH

Time Allotted: 2 Hours

Full Marks: 50

The figures in the margin indicate full marks.

Candidates are required to give their answers in their own words as far as practicable.

GROUP-A

Answer the following questions

16×2 = 32

1. How can abnormal behaviour be defined and what are the determinants of abnormal behaviour? 16

OR

2. Explain at least one specific issue related to identifying abnormal behaviour. 16

3. Discuss characteristics, theories and treatment of generalized anxiety disorder. 16

OR

4. Describe the treatment of avoidant personality disorder and borderline personality disorder. 8+8 = 16

GROUP-B

5. Answer any **one** of the following: 10×1 = 10

- (a) Write a note on genetic contributors to Schizophrenia. 10
(b) Discuss in detail various types of biological treatments for mood disorders. 10
(c) Write a note on client-centred therapy. 10

GROUP-C

6. Answer the following questions: 1×8 = 8

- (a) Define mental health.
(b) What is "ID"?
(c) What does the 'withdrawal' mean?
(d) Write one symptom of mood disorder.
(e) Cite one cultural factor as a contributor to the development of a mental disorder.
(f) What is behaviour therapy?
(g) What is clinical assessment?
(h) What is the full form of DSM?

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