B.A. MULTI DISCIPLINARY COURSES [MDC] IN PHILOSOPHY UNDER FYUGP

SEMESTER -I

PAPER CODE: PHIMDC-101

PAPER LEVEL: 101

PAPER DESCRIPTION: CONCEPTUAL AND APPLIED

PAPER CREDEIT: 4

PAPER TYPE: THEORY

FULL MARKS: 75 [60+10+5]

COURSE NAME: BEHAVIOURAL SCIENCE

COURSE OBJECTIVE:

- 1. Understanding self and processes of self exploration.
- 2. Learning strategies for development of a healthy self esteem.
- 3. Importance of attitudes and its effect on personality.
- 4. Building Emotional Competence.

COURSE OUTCOME:

- 1.Students will understand the basic concepts of society, social group, community, social institution and also about culture.
- 2. Students should understand and realize about self
- 3. Students should understand about human emotion and attitude

UNIT – I

Society & Culture

- 1. Basic Concept of Society: Social Group: Definition, Forms of Social groups Primary, Secondary, Intermediate, In-group & Out- group, Community: Characteristics and Basis of Community.
- 2. Social Institutions: Definition of Social Institutions, Definition of Marriage, Forms of Marriage Monogamy, Polygamy, Polyandry and Group Marriage, Family: Definition and Functions of Family.
- 3. Definition of Culture and Civilization, Relation between Culture and Civilization.

UNIT-II

Self & Understanding Self

- 1. Meaning of Self and Components of Self.
- 2. Meaning of Self Confidence and meaning of Self awareness.
- 3. Meaning of Self- esteem, Forms of self-esteem: Inflated, High and Low.

UNIT-III

Human Emotion & Attitude

- 1. Definition of Emotion, Characteristics of Emotion, Positive and Negative Emotions.
- 2. Definition and Nature of Emotional Intelligence.
- 3. Definition and nature of Attitude, Components of Attitude.

SUGGESTED READINGS:

- 1. N.K. Bose: Cultural Anthropology, Asia Publishing House, Bombay, 1961.
- 2.Goleman Daniel, Emotional Intelligence, Bantam Books, New York, 2005
- 3. N.K. Bose: Culture and Society in India, Asia Publishing House, Bombay, 1961.
- 4. MacIver & Page: Society
- 5. P. Gisbert: Fundamentals of Sociology, Orient Longman, 1973
- 6. P. B. Kar: Samaj Tattva
- 7. S. Bhattacharya: Samaj Darsan O Rastra Darsan
- 8. Sengupta, Promod Bandhu, Handbook of Social Philosophy, Banerjee Publishers, Calcutta, 1981
- 9. K. Davis: Organizational Behaviours.
- 10. A. B. Bates & J. Julian: Sociology- Understanding Social Behaviour.
- 11. P. J. William: Theories and Models in Applied Behavioural Science.